

Just hold yourself

Dante Alighieri – © Ólafur Andersson

Entro nel Paradiso,
e la luce mi avvolge come un mare senza fine.
Gli angeli cantano senza parole,
e il mio cuore trema davanti all'infinito.

Value yourself here,
you can live undisturbed, our worries will not touch you, disease will leave.
Value yourself.
Everything has been given to you; whatever you need, it is here, just reach
out your hand.
You cannot receive more than your desires.
Just hold yourself, hold yourself,
and for the ungraspable ages you can remain happy, just hold yourself!
There is no sin, no anger, no deceit, evil or worry.
There is eternal life, just hold yourself!

Ogni cerchio brilla,
ogni anima splende di pura gioia.
Il peccato, il dolore, il dubbio...
tutto svanisce come nebbia al sole.
Vedo la luce di Dio che penetra ogni cosa,
e comprendo il disegno dell'universo.

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you can live undisturbed, our worries will not touch you, disease will leave.
Value yourself.
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